



Learn Japanese Pod with Asuka and Alex

Series 02 Podcast 07: Asking for help in Japanese

Podcast Link: [Podcast 07](#)

In this lesson you will learn the following:

- ✓ How to ask for help in Japanese
- ✓ How to accept or refuse a request
- ✓ Learn useful vocabulary for making a wide variety of requests





Today's Key phrase

If you only learn one thing from this podcast, learn today's key phrase which is:

て を 貸して くれる? Can you lend me a hand?

TE O KASHITE KURERU

This phrase literally translates as “Could you lend me a hand?” and it has the same meaning. This is a casual level phrase used between people of similar social standing. It's fine to use this at work with your coworkers but you might not want to use this with your boss.

Even if you are a beginner in Japanese and don't understand everything in the following dialogs don't worry. Just try to listen out for the keyphrase to get a feel of how it is used in daily conversation. You can also memorise the phrase and try to use it in real life when the opportunity arises. Even if you can't describe exactly what it is you want help with, you can just say 手を貸してくれる and depending on the context the listener should probably be able to understand what you want.

If you wanted to ask someone of high social status for help you might say something like:

手伝っていただけますか Would you help me please?

Tetsudatte itadakemasu ka

If you want to ask someone if they need help politely you might say:

なにかお手伝いしましょうか Do you need help with anything?

Nani ka otetsudai shimashōka



Vocabulary

Japanese	Pronunciation	English
全部	Zenbu	All
会議室	Kaigishitsu	Meeting room
運びたい	Hakobitai	Want to carry
まじで	Maji de	Really? Seriously?
引っ越しする	Hikkoshi suru	To move house
髪の毛	Kaminoke	Hair
洗わなきゃ	Arawanakya	Must clean / wash
廊下	Rōka	Corridor
電球	Denkyuu	Lightbulb
暗い	Kurai	Dark
怖い	Kowai	Scared
部屋	Heya	Room
片付けたい	Katazuketai	Tidy up



Dialog 1

Asuka:	ちょっといい？	Chotto ii?	Can I bother you for a minute?
Alex:	うん。どうした？	Un. Dō shita	Sure, what's up?
Asuka:	このパソコンを全部会議室へ運びたいんだけど手を貸してくれる？	Kono pasokon o zenbu kaigishitsu e hakobitain dakedo te o kashite kureru?	I want to take all these PCs to the meeting room. Could you lend me a hand?
Alex:	うん、いいよ。	Un, ii yo.	Sure.

Dialog 2

Asuka:	アレックス、ちょっといい？	Arekkusu, chotto ii?	Alex, can I bother you for a minute?
Alex:	どうした？	Dō shita	What's up?
Asuka:	週末引越しするんだけど手を貸してくれる？	Shuumatsu hikkoshi surun dakedo te o kashite kureru?	I'm moving this weekend. Could you lend me a hand?
Alex:	あの、今週末ちょっと髪の毛洗わなきゃいけない	Ano, konshuumatsu chotto kaminoke arawanakya ikenai	Well, I have to wash my hair this weekend...
Asuka:	まじでお前？週末しか洗ってないのかよ	Maji de omae. Shuumatsu shika arattenai no ka yo	Are you kidding me? You only wash on the weekends?!
Alex:	手伝うよ	Tetsudau yo	I'll help you
Asuka:	ありがとう	Arigatō	Thanks



Dialog 3

Asuka:	アレックス、ちょっといい？	Arekkusu, chotto ii?	Alex, can I bother you for a minute?
Alex:	うん。どうした？	Un. Dō shita	Sure, what's up?
Asuka:	廊下の電球とりかえたいんだけど手を貸してくれる？	Rōka no denkyuu torikaetai n dakedo te o kashite kureru	I want to change the lightbulb in the corridor. Could you lend me a hand?
Alex:	あの実は暗いところはちょっと怖いんですけど	Ano jitsu wa kurai tokoro wa kowain desu kedo	Well, the thing is I'm afraid of dark places.
Asuka:	まじかよ？！	Maji ka yo	Are you serious?!

Dialog 4

Asuka:	アレックス、ちょっといい？	Arekkusu, chotto ii?	Alex, can I bother you for a minute?
Alex:	うん。どうした？	Un. Dō shita	Sure, what's up?
Asuka:	宿題でわからないところがあるんだけど手を貸してくれる？	Shukudai de wakaranai tokoro ga arun dakedo te o kashite kureru	There's something I don't understand in my home work. Could you lend me a hand?
Alex:	いいよ	Ii yo	Sure
Asuka:	本当わかるのか？	Hontō wakanu no ka	Do you really understand?
Alex:	あの、とりあえずわかるふりをする	Ano, toriaezu wakanu furi o suru	Well, for now I'll pretend to understand



Dialog 5

Asuka:	アレックス、ちょっといい？	Arekkusu, chotto ii?	Alex, can I bother you for a minute?
Alex:	うん。どうした？	Un. Dō shita	Sure, what's up?
Asuka:	部屋を片付けたいんだけど手を貸してくれる？	Heya o katazuketain dakedo te o kashite kureru?	I want to clean up the room, could you lend me a hand?
Alex:	絶対やだ！	Zettai yada	Absolutely not!
Asuka:	大きいソファがあってうごかせないの！	Ōkii sōfa ga atte ugokasenai no	There's a big sofa I can't move
Alex:	なんでいつもいやな仕事？	Nande itsumo iya na shigoto	Why is it always these sucky jobs?
	アレックス手を貸してくれるかな...	Arekkusu te o kashite kureru ka na...	I thought you might be able to help...
	ぎっくり腰なんですよ！	Gikkuri koshi nan desu yo	I've got a strained back.
	わかった、わかった、ごめん。違う人に聞いてみる	Wakatta, wakatta, gomen. Chigau hito ni kiite miru	OK, OK, sorry. I'll try asking someone else.



Random Phrase - Mottainai - It's a waste

やみつき Yamitsuki

To be completely addicted to something / To be hooked on something you can't stop

Examples:

Pokemon Go にみんなやみつき

Pokemon Go ni minna yamitsuki

Everyone is hooked on Pokemon Go

ぱちんこにやみつき

Pachiko ni yamitsuki

I'm hooked on Pachinko

ロスアンゼルスのみんなラーメンにやみつき

Rosuanzerusu no minna raamen ni yamitsuki

Everyone in Los Angeles is hooked on ramen noodles



Hi, this is Alex, the creator of Learn Japanese Pod. Thanks for downloading these show notes, I hope you find them useful. If you need any help with your Japanese or have any questions or comments please drop me a line at info@learnjapanesepod.com

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Enjoy!

Alex